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Senior Programs - May 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>1</u> 9:30 am—Exercise 10:30 am—Chisholm Trail Seniors Board Meeting 1:00 pm—Crochet/Art Group 6:00 pm—Pitch</p>	<p><u>2</u> 8:30 am— Wii Bowling 10:00 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS</p>	<p><u>3</u> *No MOW/Friendship Meals* 10:30— Chisholm Trail Seniors Meeting, Catered Lunch & Program: Master Gardener 1:00 pm—Walking 2:30 pm—Line Dancing</p>	<p><u>4</u> 8:30 am—Wii Bowling 10:00 am—WellREP 12:00 pm—Lunch w/ Chisholm Trail Elementary 7:00 pm—Square Dance</p>	<p><u>5</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics</p>	<p><u>6</u> 1:00 pm— 7:00 pm— Th</p>
<p><u>8</u> 9:30 am—Exercise 10:30 am—Bible Study 11:30 am—Museum of World Treasures 1:00 pm—Crochet/Art Group 2:00 pm—Immunization Clinic 6:00 pm—Pitch</p>	<p><u>9</u> Nail Care w/ Hermes HC 8:30 am— Wii Bowling 10:00 am—WellREP 11:00 am—Eat Right for Healthy Aging & BP Clinic 1:00 pm—Bridge, Pool 6:00 pm—TOPS</p>	<p><u>10</u> Nail Care w/ Michelle 9:00 am—Computer Lessons 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing</p>	<p><u>11</u> 8:30 am—Wii Bowling 10:00 am—WellREP 2:00 pm—Mother’s Day Afternoon Tea 7:00 pm—Square Dance</p>	<p><u>12</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics</p>	<p><u>13</u> 9:30 am—</p>
<p><u>15</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch</p>	<p><u>16</u> 8:00am—Auntie C’s 8:30 am— Wii Bowling 9:00 am—Bingo Meeting 10:00 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS</p>	<p><u>17</u> 9:00 am—Computer Lessons 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing</p>	<p><u>18</u> 8:30 am—Oklahoma Casino Trip 8:30 am—Wii Bowling 10:00 am—WellREP 1:00 pm—Card Bingo</p>	<p><u>19</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics 6:00 pm—Fun/Food /Games</p>	<p><u>20</u> 1:00 pm— 7:00 pm— Th</p>
<p><u>22</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch</p>	<p><u>23</u> 8:30 am— Wii Bowling 10:00 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS</p>	<p><u>24</u> 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing</p>	<p><u>25</u> 8:30 am—Wii Bowling 10:00 am—WellREP 7:00 pm—Square Dance</p>	<p><u>26</u> 9:30 am—Exercise 1:00 pm—Pinochle</p>	<p><u>27</u> 1:00 pm— 4:30 pm—</p>
<p><u>29</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch</p>	<p><u>30</u> 8:30 am— Wii Bowling 10:00 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS</p>	<p><u>31</u> 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing</p>			

Fun & Games !

Memorial Day History

Three years after the Civil War ended, on May 5, 1868, the head of an organization of Union veterans — the Grand Army of the Republic (GAR) — established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. Maj. Gen. John A. Logan declared that Decoration Day should be observed on May 30. It is believed that date was chosen because flowers would be in bloom all over the country. The first large observance was held that year at Arlington National Cemetery, across the Potomac River from Washington, D.C.

Local springtime tributes to the Civil War dead already had been held in various places. One of the first occurred in Columbus, Miss., April 25, 1866, when a group of women visited a cemetery to decorate the graves of Confederate soldiers who had fallen in battle at Shiloh. Nearby were the graves of Union soldiers, neglected because they were the enemy. Disturbed at the sight of the bare graves, the women placed some of their flowers on those graves, as well.

It was not until after World War I, however, that the day was expanded to honor those who died in all American wars. In 1971, Memorial Day was declared a national holiday by an act of Congress, though it is still often called Decoration Day. It was then also placed on the last Monday in May, as were some other federal holidays.

<https://www.va.gov/opa/speceven/memday/history.asp>

