

# Senior Programs - October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>1</u>	<u>2</u> 9:30 am—Exercise 10:30 am—Chisholm Trail Seniors Board Meeting 1:00 pm—Crochet/Art Group 2:30 pm—Jam Session 6:00 pm—Pitch	<u>3</u> 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>4</u> *No MOW/Friendship Meals* 10:30— Chisholm Trail Seniors Meeting, Catered Lunch & Program: Songs w/ Mike & Michelle Roesch 1:00 pm—Walking 2:30 pm—Line Dancing	<u>5</u> 8:30 am—Wii Bowling 9:45 am—WellREP 7:00 pm—Square Dance	<u>6</u> 9:30 am—Holiday Galleria Outing 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>7</u> 9:30 am—Beginner’s Square Dance Lessons 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>8</u> 6:30 pm—Advanced Square Dance	<u>9</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch	<u>10</u> 8:30 am— Wii Bowling 9:45 am—WellREP 11:00 am—Strong Bones and Muscles & BP Clinic 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>11</u> Nail Care w/ Michelle 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing	<u>12</u> 8:30 am—Wii Bowling 9:45 am—WellREP 11:00 am—Scams & Elder Abuse Awareness 7:00 pm—Square Dance	<u>13</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>14</u> 9:30 am—Beginner’s Square Dance Lessons 1:00 pm—Pinochle 2:00 pm—Mary McNutt’s Birthday Open House
<u>15</u>	<u>16</u> 9:30 am—Dillon’s Flu & Pneumonia Shot Clinic 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 2:30 pm—Jam Session 6:00 pm—Pitch	<u>17</u> 8:00am—Cracker Barrel 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>18</u> 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing	<u>19</u> 8:30 am—Wii Bowling 9:45 am—WellREP 1:00 pm—Card Bingo	<u>20</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics 6:00 pm—Fun/Food / Games	<u>21</u> 9:30 am—Beginner’s Square Dance Lessons 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>22</u> 6:30 pm—Advanced Square Dance	<u>23</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch	<u>24</u> 8:30 am— Wii Bowling 9:45 am—WellREP 11:00 am—Essential Oils 101 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>25</u> 8:45 am—Autumn Day Trip to Dexter, KS 9:30 am—Exercise 1:00 pm—Walking 2:30 pm—Line Dancing	<u>26</u> 8:30 am—Wii Bowling 9:45 am—WellREP 11:00 am—Time Hop Trivia Bingo: 1950’s 7:00 pm—Square Dance	<u>27</u> 9:30 am—Exercise 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>28</u> 9:30 am—Beginner’s Square Dance Lessons 1:00 pm—Pinochle
<u>29</u> 2:00 pm—Advanced Square Dance	<u>30</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 6:00 pm—Pitch	<u>31</u> 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS				

# Fun & Games!

## Monster Munch

SERVES:  
8-10

TOTAL TIME: 0:30

PREP: 0:10

LEVEL: EASY

### INGREDIENTS

- 3 c. kettle corn
- 2 c. pretzels
- 1 c. semisweet chocolate chips, melted
- 1 c. white chocolate chips, melted
- 1/2 c. candy corn
- 1/2 c. yellow, orange, and chocolate M&M's
- 2 tsp. Halloween-colored sprinkles or nonpareils



### DIRECTIONS

1. On a parchment-lined baking sheet, place a single layer of kettle corn. Mix in pretzels, making sure you have a single layer.
2. Transfer melted chocolates to separate piping or Ziploc bags (with a corner snipped). Drizzle kettle corn and pretzels with melted semisweet chocolate, making sure to drizzle lines very close together (you want the majority of the mix to be covered in chocolate).
3. Top with candy corn and M&M's and drizzle with melted white chocolate. Top with sprinkles and freeze or refrigerate until chocolate is firm, 20 minutes.
4. Break into pieces and serve.

**Store Monster Munch in airtight container up to 3 days. It's scary good!**

<http://www.delish.com/cooking/recipe-ideas/recipes/a49572/monster-munch-recipe/>