

Senior Programs - May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<u>1</u> 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>2</u> *No MOW/Friendship Meals* 10:30— Chisholm Trail Seniors Meeting, Catered Lunch & Program: Loren Corliss—WWII Vet 1:00 pm—Walking 2:30 pm—Line Dancing	<u>3</u> 8:30 am—Big Kansas Road Trip 8:30 am—Wii Bowling 9:45 am—WellREP 7:00 pm—Square Dance	<u>4</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>5</u> 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>6</u>	<u>7</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>8</u> 8:30 am— Wii Bowling 9:45 am—WellREP 11:00 am—Enjoy Fitness at Any Age & BP Clinic 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>9</u> Foot/Nail Care w/ Michelle 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>10</u> 8:30 am—Wii Bowling 9:45 am—WellREP 1:00 pm—Card Bingo 7:00 pm—Square Dance	<u>11</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>12</u> 1:00 pm—Pinochle
<u>13</u> 6:30 pm— Advanced Square Dance	<u>14</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 2:00 pm—Immunization Clinic 6:00 pm—Pitch	<u>15</u> 8:00 am—Auntie C's 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>16</u> 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>17</u> 8:30 am—Wii Bowling 9:45 am—WellREP 2:00 pm—Mother's Day Afternoon Tea	<u>18</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics 5:30 pm—Fun/Food / Games	<u>19</u> 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>20</u>	<u>21</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>22</u> Time TBA—Movie Matinee: Book Club 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>23</u> 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>24</u> 8:30 am—Wii Bowling 9:45 am—WellREP 1:00 pm—Picnic at Mustard Seed Farm 7:00 pm—Square Dance	<u>25</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>26</u> 1:00 pm—Pinochle
<u>27</u> 6:30 pm— Advanced Square Dance	<u>28</u> Center Closed Memorial Day	<u>29</u> Foot/Nail Care w/ Hermes Healthcare 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>30</u> 9:30 am—Exercise 9:30 am—Beginner's Painting 11:00 am—Medicare Basics 1:00 pm—Walking 2:30 pm—Line Dancing	<u>31</u> 8:30 am—Wii Bowling 9:45 am—WellREP 7:00 pm—Square Dance		

Fun & Games!

Color yourself a beautiful bouquet
of flowers for the start of spring!

