

Senior Programs - October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>1</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—CT Seniors Board Meeting 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>2</u> Foot/Nail Care w/ Hermes HC 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>3</u> *No MOW/Friendship Meals* 10:30— Chisholm Trail Seniors Meeting, Catered Lunch & Program: Music by LV Smith 1:00 pm—Walking 2:30 pm—Line Dancing	<u>4</u> 8:30 am—Wii Bowling 9:45 am—WellREP 7:00 pm—Square Dance	<u>5</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>6</u> 9:00 am—Beginner's Square Dance Lessons 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>7</u>	<u>8</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>9</u> 8:30 am— Wii Bowling 9:45 am—WellREP 10:30 am—Protect Against Breast Cancer & BP Clinic 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>10</u> Foot/Nail Care w/ Michelle 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>11</u> 8:30 am—Wii Bowling 9:45 am—WellREP 1:00 pm—Miniature Golf Outing 7:00 pm—Square Dance	<u>12</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>13</u> 9:00 am—Beginner's Square Dance Lessons 1:00 pm—Pinochle
<u>14</u> 6:30 pm— Square Dance	<u>15</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 1:30 pm—Hearing Group 6:00 pm—Pitch	<u>16</u> 8:00 am—Cracker Barrel 8:30 am— Wii Bowling 9:45 am—WellREP 10:30 am—Dynamic Aging Seminar 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>17</u> 9:00 am—Ziplining Adventure 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>18</u> 8:30 am—Wii Bowling 9:45 am—WellREP 1:00 pm—Card Bingo	<u>19</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics 5:30 pm—Fun/Food/Games	<u>20</u> 9:00 am—Beginner's Square Dance Lessons 1:00 pm—Pinochle 7:00 pm—Senior Dance The Wildwood Band
<u>21</u>	<u>22</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>23</u> 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>24</u> 8:30 am—Bethel Life Enrichment Outing 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing	<u>25</u> 8:30 am—Wii Bowling 9:00 am—Flu & Pneumonia Shot Clinic 9:45 am—WellREP 7:00 pm—Square Dance	<u>26</u> 9:30 am—Exercise 1:00 pm—Pool 1:00 pm—Pinochle 1:30 pm—Dance Aerobics	<u>27</u> 1:00 pm—Pinochle
<u>28</u> 6:30 pm— Square Dance	<u>29</u> 9:30 am—Exercise 10:30 am—Bible Study 1:00 pm—Crochet/Art Group 1:00 pm—Ladies' Pool 6:00 pm—Pitch	<u>30</u> 8:30 am— Wii Bowling 9:45 am—WellREP 1:00 pm—Bridge, Pool 6:00 pm—TOPS	<u>31</u> HAPPY HALLOWEEN! WEAR YOUR COSTUME TO THE CENTER! 9:30 am—Exercise 9:30 am—Beginner's Painting 1:00 pm—Walking 2:30 pm—Line Dancing			

Fun & Games!



HALLOWEEN WORD SCRAMBLE

ARRVYDAEG

RINKTEFNAESN

HTOSG

TDAENUH

ATPYR

MMMYU

RMETNOS

AMRVPIE

AFLOERWW

HCTIW

EMSACR

OFCINF

MUSETOC

YADCN

EETNSLKO

MNOO

DRACULON

EMARTIGHN

KIRTC

TEART

GRAVEYARD
FRANKENSTEIN
GHOST
HAUNTED
PARTY
MUMMY
MONSTER
VAMPIRE
WAREWOLF
WITCH
SCREAM
COFFIN
COSTUME
CANDY
SKELETON
MOON
CAULDRON
NIGHTMARE
TRICK
TREAT

ANSWERS:



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